

## Trusting God Homework Assignment

“Trust is not a passive state of mind. It is a vigorous act of the soul whereby we choose to lay hold on the promises of God and cling to them despite the adversity that at times seeks to overwhelm us.” Jerry Bridges—*Trusting God*

1. *Underline what you believe is significant in the above statement.*
2. *Please read Psalm 28:6-7 and write out how David practiced this definition of trust.*
3. *Please read Isaiah 26:3-4. How is this definition of trust demonstrated? What are the implications of this for your thinking? What are the implications for your worship?*
4. *Please write two ways this applies to your situation.*
5. *What do you need to do to practice this type of trust? What could you do to start?*
6. *Write out a prayer of commitment to the LORD to do this.*