I. The Life of trust—

A. Batach: Dwell securely, complacent, careless

Isa. 26:3—notice the object

Psalm 16:9

**Principle:** hope, (security) is no greater than its object.

Psalm 62:8—the importance of prayer and

the life of trust

Psalm 28:6-7—notice the flow of thought and the place of emotions.

B. Bridges’ definition of trust

**Questions to ask:**

What is your security in? “I could feel secure if…?”

What are you trusting in?

What provokes fear?

What provokes anger/frustration?

II. The Life of Hope

A. Tiqvah—wait, look for, hope, expect

1. Psalm 62:5
2. Prov. 10:28
3. Psalm 71:5
4. Isaiah 40:31

Questions to answer:

What do you expect?
What is your happiness anchored in? “I could be happy if…” “I could feel secure if…?”

B. Yachal—wait, hope
   1. Psalm 119—God’s Word as a source of hope (verses: 43,49,74,81,114,147)
   2. Psalm 131:3—making this choice can lead to calmness of soul
   3. Psalm 69:3—there can be a battle in the soul while he/she “waits”

C. The Scriptures warn of false hopes
   1. Psalm 146—people/political leaders
   2. Money—I Timothy 6:17; Psalm 49:6-7; Psalm 52:7; Psalm 62:10; Proverbs 11:28
   3. False pleasure—2 Timothy 3:4
   4. Military strength—Psalm 33:17-18

What do you run to for dealing with the pressures of life?

What represents security in your life?

What would bring stability to your life?

Conclusions: You can put up with a lot if you have the correct hopes (I Thessalonians 1:3; I Timothy 4:10).

What a person is setting his/her hope in is what is being worshiped (2 Cor. 1:8-10).